



*Review Article*

# 21st Century Youth and Significance of Life Skills Education: A Review

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**Abstract:** The 21st Century is very crucial for the youth. Due to unimaginable development of science and technology as well as social media the majority of youth population utilizes their potential in a worst way. Use of too much smart phone hampers their productivity. The power of youth population is very high as compared to the other stages of life if they use their time in a productive manner. Being the turning period of life this is the right time to take right decisions. In this condition, life skills are those psycho social skills that enable individuals to cope effectively with their life challenges. This article draws how the life skills contribute to the individual development

**Citation:** Bora, I. (2022). 21st Century of Youth.